



**FEBRUARY 28, 2010**

# 26TH ANNUAL POLAR BEAR RUN

**LAKE WARAMAUG COUNTRY CLUB - NEW PRESTON CT 06777**

**TIME & LOCATION**

Sunday February 28, 2010 11:00 AM SHARP  
Lake Waramaug Country Club – New Preston, CT 06777

**COURSE**

One 7.6 Mile loop around Lake Waramaug. The loop is mostly flat and is run counter clockwise around the lake. Start and Finish are at the Country Club.

**TIMING**

C.C. computerized timing is the latest revolution in electronic chip timing. Each individual will receive a chip that will be worn around the ankle. CHIPS will be collected at the finish line. Please do not leave WITHOUT returning your chip. Individual's who do not return their CHIP will be charged a replacement fee of \$35.00.

**CAR POOL**

Parking is very limited. This race will attract over 400 runners. Please car pool if possible to ensure that everyone access. Single Occupants may be directed 1/2 mile from the start.

**WEATHER**

If winter conditions are forecasted please call... (860) 355-0864 or log onto our website at [www.roadntracksports.com](http://www.roadntracksports.com).

**DIRECTIONS**

From Rt. 202 in New Preston, take Rt. 45 North along Lake Waramaug. Turn left on to North Shore Road. Travel 2.5 miles to the Lake Waramaug Country Club. Turn Right onto Golf Links Road at the tennis courts.

**ENTRY FEE**

Pre-Entry: \$18.00 (Postmarked before February 1st, 2010)  
\$20.00 After February 1st, 2010  
Do not mail after February 22th, 2010

Post-Registration: \$22.00 from 9:00-10:30AM on race day.

**ONLINE REGISTRATION**



<http://www.active.com/explorer/index.cfm?eventId=1804087>

**AWARDS**

Cash awards to the top overall male and female finishers.  
\$100, \$75, \$50

There is a \$100 Cash Award for a new course record.  
Age group awards will be given to the top three in each of the following categories: 18 & Under, 19-29, 30-39, 40-49, 50-59, 60-69, 70 +

**ADDITIONAL INFORMATION**

Please contact Wallie Jahn at (860) 355-0864 or e-mail [roadntracksports@sbcglobal.net](mailto:roadntracksports@sbcglobal.net)

**[YOU CAN USE ADOBE ACROBAT/READER TO TYPE OUT THIS FORM, OR SIMPLY PRINT CLEARLY]**

In consideration of the acceptance of this entry, I hereby, for myself and my heirs, executors, and administrators, waive and release any and all rights and claims for damages that I any have against Road & Track Sports, The Lake Waramaug Country Club, and any and all associate parties and sponsors, for any and all injuries suffered by me at this event. I attest and verify that I am physically fit and sufficiently trained to participate in this mid winter 7.6 miles race. Further, I hereby grant permission to any and all of the foregoing to use my photographs, videotapes, or any other record of this event without compensation.

Last Name:  First Name:

Address:

City:  State:  Zip:

Phone:  Age On Race Day:  Sex: Male Female

**REGISTRATION FEE**

\$18 (Before 02/01/10) \$20 (After 02/01/10) \$22 (Day Of Race)

Champion Chip #

T-Shirt Size: S M L XL

T-Shirts not available with registrations received after February 19, 2010.

Signature: \_\_\_\_\_  
(Parent signature - if under 18. **Unsigned applications will be returned.**)



**MAIL ENTRY: Wallie Jahn • 338 Wellsville Ave • New Milford, Ct 06776-2327**

For additional information contact: Wallie Jahn at (860) 355-0864 or e-mail [roadntracksports@sbcglobal.net](mailto:roadntracksports@sbcglobal.net).